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T

# fall patient catalog





# 110,000 miles

the number of miles the average person walks in a lifetime.  
equivalent to **5 trips around the Earth.**  
every **triumph.** every **adventure.** every **path.**  
needs unique support. we provide the best.  
handmade, high-quality, the **hallmark of excellence.**

**Foot Levelers** - nearly 70 years of providing more comfort and less pain.



2


FootLevelers.com | [f](#) [t](#) [v](#)

# Custom-Made vs. Over-the-Counter Orthotics

Custom orthotics are far superior to generic or off-the-shelf inserts. They're custom-made to easily slide into your shoes and support the unique shape of your feet.

Just as everyone has a unique personality, everyone has a unique body structure and foot shape. The benefit of using **custom-made orthotics**—rather than generic, mass-produced ones—is that they're **perfectly fitted to you**.



COMPARISON BETWEEN OVER THE COUNTER INSOLES AND CUSTOM ORTHOTICS		
	OTC	
Maximum Comfort	✓	✗
Premium Materials/Support	✓	✗
Individually Designed for You	✓	✗
Crafted by Hand	✓	✗
3 Arch Advantage™	✓	✗
Pelvic Stabilization	✓	✗
Whole-Body Pain Relief	✓	✗
1 Year, 100% Money-back Guarantee	✓	✗
Clinically Proven	✓	✗
Made in America	✓	✗

# Your Feet are as Unique as Your Fingerprints



For Better Overall Health, You Need  
Custom Orthotics **Made Just for You**

You wouldn't wear somebody else's eyeglasses. Why  
would you wear orthotics that weren't made for you?

# PROVEN

**Less Pain. More Comfort.**

Foot Levelers custom orthotics  
are **PROVEN** to reduce Low  
Back Pain by **34.5%**



\*As published in the Archives of Physical Medicine and Rehabilitation, 2017.

# What Orthotics Do For Your Body

Foot Levelers custom orthotics were developed to improve your comfort level. Custom orthotics also help reduce low back pain, hip pain, and even neck pain. Learn more about each of these conditions and how Foot Levelers can help you live a pain-free lifestyle.

There are many possible reasons for **low back pain**, but spinal strain and postural fatigue account for about **70%** of cases not caused by more serious conditions.

## LOW BACK PAIN

The sacroiliac (or SI) joints are the link between your spinal column and pelvis. They help absorb damaging shock forces, and they also help stabilize the body and transmit weight to the lower limbs.

## SACROILIAC JOINT PAIN

There is no single cause for painful knee joints. But there are generally 2 types of contributing factors: traumatic and chronic. Your doctor will help determine the cause of your knee pain.

## KNEE PAIN

Leg length inequality (LLI) can cause pressure, stress, and pain in your knees, thighs, hips, pelvis, and spine.

## SHORT LEG



# What Orthotics Do For Your Feet

The pain you feel in your feet is debilitating and prevents you from living life to its fullest. Foot Levelers custom orthotics offer relief from some of the most common foot conditions, including plantar fasciitis and metatarsalgia. Foot Levelers orthotics are a great solution if you're experiencing foot pain.

When a foot is severely pronated, or flat, it means its arches have fallen. Flat feet are less shock-absorbent for the bones, muscles, ligaments, and tendons of the entire body.

## FLAT FEET

The plantar fascia is the soft, springy tissue on the underside of the foot. With injury, wear-and-tear, or age, a painful, ongoing condition may result: plantar fasciitis.

## PLANTAR FASCIITIS

Metatarsalgia is pain in the ball of the foot. The soft, springy tissue beneath the foot is the support system for bones. With injury, wear-and-tear, or age, tissue deteriorates. Arches flatten, and toes may begin to crowd one another.

## METATARSALGIA

If your ankle frequently "gives way" while walking or during activity, or if you've suffered from multiple sprains, you may have chronic ankle instability.

## CHRONIC ANKLE INSTABILITY

# Running to Recovery



*In 2019, I was training to run the Blue Ridge Marathon when I went for a casual ride on my motorcycle and was suddenly struck by an impaired driver, almost completely amputating my lower right leg. My leg was successfully reattached, and after eight surgeries, I was back with Foot Levelers, excited and on my way to preparing to finish the Blue Ridge Half Marathon in 2021.*

*Running has been a big motivator in my recovery. Foot Levelers was already making an impact because I was using their custom orthotics prior to the injury. My mechanics were in position where I could enjoy running again.*

*Working with my doctors I felt that I could safely prepare to run the half marathon comfortably. I didn't want to do it without the support of Foot Levelers.*

*On April 17, 2021, I was able to complete the Blue Ridge Half Marathon, beating my finish time goal, and receiving the award for being first in my age group!*

Captain Todd Reighley is a Firefighter with Roanoke Fire-EMS



See Todd's full Running to Recovery story

# What other patients are saying



"After three back surgeries, **I couldn't even walk a mile.** I had a colleague recommend orthotics. After I got them, **I put them in my shoes** and went on a trip to New York City. **We walked 9 miles. No pain.** The amount of relief Foot Levelers orthotics provide is enormous. **It's just an amazing improvement in quality of life.**"

Kelley Andrews of Salem, VA

"**I had lower back pain.** I wasn't sleeping very well. My mood was dropping and I began to have some knee issues. ... I saw multiple specialists and doctors who said I needed surgery. Fast forward a few months, and **I feel like I'm healed.** I owe my healing all to Dr. Stu (Weitzman) and Foot Levelers custom orthotics."

Carla Churyk of Brewster, NY



"**I bought two sets of Foot Levelers.** One for my dressy shoes and one for my sneakers. **I'm glad I did.** Now I don't have to move my orthotics from one pair of shoes to another. I'm always ready to go and "go" is something I like to do."

Jackie Ann Dean of Springfield, MO

"One week into wearing my Fiji custom orthotic flip-flops, **I can honestly see a huge improvement in my level of back pain!** They are my new favorite pair of flip-flops."

Niki Lazenby of Clermont, FL



## STEP 01

# Choose shoe style

We have organized our custom orthotics into categories based on shoe **type**.

### Shoes with removable inserts



Full Length orthotics offer support in shoes with laces where the factory lining can be removed.



### Shoes **without removable liners** and **tight-fitting** shoes –



Dress Length orthotics are ideal for shoes where the toe box is narrow and cannot accommodate a Full Length orthotic due to the width.



### Flats and 1" heels



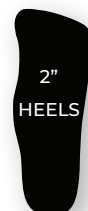
The 5th Avenue 1" is specifically designed for heels 1" or less.



### Heels between 1" and 2"



3/4 Dress orthotics are specifically designed for tighter-fitting dress shoes where the factory lining cannot be removed.



*The 5th Avenue 2" is designed for heels between 1" and 2".*

## STEP 02

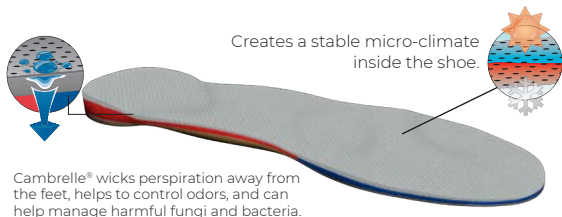
# Choose top cover

Top covers for your custom orthotics should be selected based on your **activity level**.

## ACTIVE TOP

### THE SMART ORTHOTIC

*Keeps Feet Dry and Comfortable Year-Round*



Active custom orthotics adapt to temperature or moisture changes to help keep feet comfortable and dry—regardless of the outside conditions. Features a moisture-resistant Cambrelle® top to help wick away moisture all day long.

**Active orthotics are designed for 'active' shoes like runners, hikers, walkers, etc.**

## COMFORT TOP

### TAKING COMFORT TO THE NEXT LEVEL

*Extra Cushioning in Every Step*



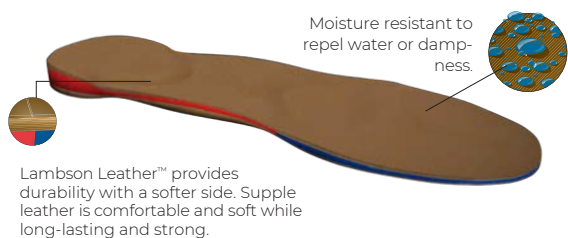
The soft TechCel™ comfort top provides maximum comfort for those on their feet more than 50% of the day.

**Comfort orthotics are perfect for those who stand for extended periods.**

## LUXURY TOP

### THE TRUE DEFINITION OF LUXURY

*Top-of-the-Line Comfort and Durability*



Embrace the ultimate in support with Luxury custom orthotics. Lambson Leather™ top offers premium durability with style.

**Luxury orthotics are great for those who wear dress shoes all day long.**

## TOUGH TOP

### NOT JUST TOUGH, EXTRA TOUGH

*Heavy-Duty Support*



Designed to provide extra durability, Tough custom orthotics feature a rugged leather top. They are also moisture resistant to help repel moisture.

**Tough orthotics are for those who are very hard on their footwear.**

MOST  
POPULAR

“ I've had custom orthotics for years but was amazed when these arrived within a week to treat my neuroma! It was like going from a VW Bug to a Rolls Royce. The more I walked with the Foot Levelers, the better my feet felt! Six weeks later, I finished a 530-mile backpack trip, and I am ever so grateful to my Chiropractor and Foot Levelers. ”



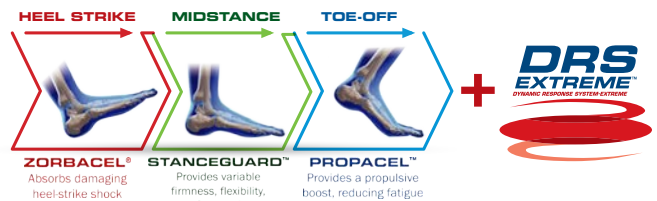
The Best Orthotic for Everyday Activities

# inmotion<sup>®</sup>

by Foot Levelers

- Can improve performance and recovery
- Provides better grip during athletic activities
- Top cover wicks away moisture 4x faster than cotton
- Includes DRS-X<sup>™</sup> and the patented Gait Cycle System<sup>®</sup> for extra shock absorption

## FEATURING GAIT CYCLE SYSTEM<sup>®</sup> + DRSX<sup>™</sup>

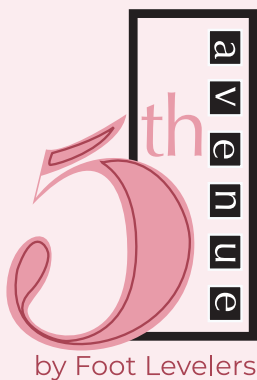


US PATENT NUMBER 6,510,626

Full Length  
Dress Length

ITEM 0910500X  
ITEM 091203





- Custom orthotics made for heels and flats
- Slim design to fit easily into heels with 1 inch or 2 inches
- Soft yet durable top cover for a more comfortable feel
- Discreet support for dress shoes
- Includes hook & loop dots for secure fit

#### 5TH AVENUE LUXURY FOR 1"



1" Heel  
Luxury ITEM 0910712  
ULTRA THIN



#### 5TH AVENUE LUXURY FOR 2"



2" Heel  
Luxury ITEM 0913600  
ULTRA THIN



Scan here for  
more info  
on product



ITEM 0912800

## Dress-Length LUXURY



- Fits into dress shoes, with or without laces
- Great option for shoes without removable liner
- Offers shock absorbing material in the heel
- Includes hook & loop dots

Scan here for  
more info  
on product



keep them **balanced** as they grow



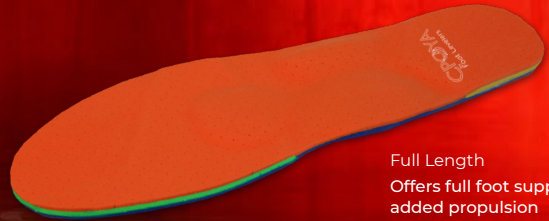
**CPOYA**<sup>TM</sup>

CONCERNED PARENTS OF YOUNG ATHLETES

Recommended for High School Athletes

Exclusively for  
**AGES 13-18**  
**youth**

- Shields joints and muscles from shock
- Supports the **full-gait cycle**
- Helps prevent injury and improve biomechanics



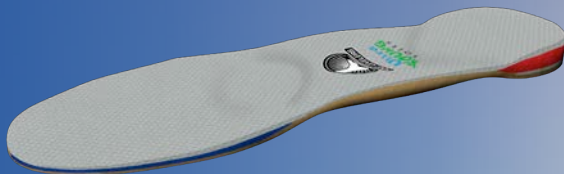
Full Length  
Offers full foot support with  
added propulsion

Full Length ITEM 0913402

**Ultra**  
**YOUNG**  
SOLES

Exclusively for  
**AGES 5-12**  
**youth**

- Helps establish **healthy posture** as kids grow
- May help **alleviate growing pains**
- Helps with **stability and support** during sports or play
- Available with our **Posture Protect Program**<sup>TM</sup>\*



Full Length | ITEM 0910702



Scan here for  
more info  
on product





# Long Distance Runners

- Extreme shock absorption to reduce pain
- Perfect for extreme endurance athletes like marathon runners, triathletes, and more
- The best material to provide a propulsive boost
- Lightweight materials for maximum performance

Full Length  
ITEM 0913103



EXTREME PROPULSION with  
**MPAX PRO**

Features **double**  
**MPAX**  
TECHNOLOGY

## Tight-Fitting Athletic Footwear

- Our lightest and thinnest orthotic, perfect for tight-fitting athletic shoes
- Cleats, spikes, minimal running shoes, ice skates, ski boots, and more
- Shock absorption to reduce pain from heel strike

Full Length  
ITEM 0913101



Features  
**MPAX**  
TECHNOLOGY

OUR THINNEST  
athletic orthotic—perfect for cleats

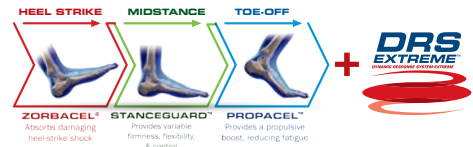
53.2% lighter  
than any of our other orthotics



## Elite Comfort

Provides elite **comfort** and **durability** with an extra layer of cushion.

FEATURING  
GAIT CYCLE SYSTEM™ + DRSX™



Full Length ITEM 0912911

Great for shoes with deep counters

## Elite Energy XL™\*

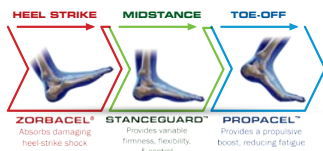
with magnets



May **enhance your patients' energy**, edge and performance.



FEATURING  
GAIT CYCLE SYSTEM™



Full Length ITEM 0910300



\*Contains magnets. Do not use if you are wearing a pacemaker or electrical implant of any kind, or if you are pregnant.



## AQUAGUARD™



- Great for harsh environments
- The best orthotic for activity around water

Full Length  
ITEM 0910700



## PARFLEX PLUS®



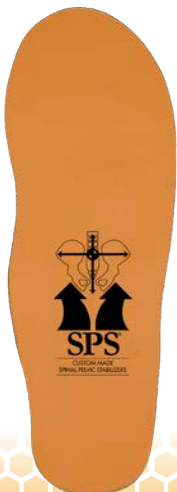
- Increases club head velocity 3-5 mph<sup>1</sup>
- Helps wearer hit golf ball 9-15 yards farther<sup>1</sup>
- Helps improve your body's alignment & reduces fatigue<sup>1</sup>

Full Length  
ITEM 0910701



\*Contains magnets. Do not use if you are wearing a pacemaker or electrical implant of any kind, or if you are pregnant.

<sup>1</sup>as published in JMPT 1997-2001



## SPS®

Foot Levelers is proud to offer the innovation that started it all, our Spinal Pelvic Stabilizers, the original design of company founder, Dr. Monte H. Greenawalt. As demand for his services grew, Foot Levelers, Inc. was born in 1952.

Full Length ITEM 1111  
3/4 Length ITEM 101  
Dress ITEM 1156

# SHOETHOTICS®

Shoe + Custom Orthotic

WOMEN'S

## Ghost 14

**COLOR** Peacoat/Yucca/Navy

**SIZES** B, D 5-11, 12

**ITEM** BRW0260



MEN'S

## Ghost 14

**COLOR** Gray/Alloy/Oyster

**SIZES** D, 2E: 7-12, 13, 14, 15

**ITEM** BRM0270



WOMEN'S

## Adrenaline GTS

**COLOR** Black

**SIZES** B-D: 5-11, 12

**ITEM** BRW0200



MEN'S

## Adrenaline GTS

**COLOR** Black

**SIZES** D, 2E: 7-12, 13, 14, 15

**ITEM** BRM0200



WOMEN'S

## MQM Flex 2

**COLOR** Rock/Wave

**SIZES** B 5-11

**ITEM** MEW0110



MEN'S

## Moab 2 WP

**COLOR** Beluga

**SIZES** M: 7-12, 13, 14, 15; W: 7-12, 13, 14

**ITEM** MEM0120



MEN'S

## Cap Toe Oxford

**COLOR** Black

**SIZES** D: 7-12, 13, 14, 15; 3E: 7-11, 12, 13, 14, 15

**ITEM** FLM0020

FLORSHEIM



MEN'S

## Midtown Bike

**COLOR** Cognac Smooth

**SIZES** M: 7-12, 13, 14, W: 7-11, 12, 13

**ITEM** FLM0030

FLORSHEIM

NEW



MEN'S

## Cozy Moc Toe

**COLOR** Sand

**SIZES** M: 7-12, 13 W: 7-11, 12, 13 (Whole Sizes Only)

**ITEM** FLM0040

FLORSHEIM



NEW

MEN'S

## MOAB 2 Mid Tactical

**COLOR** Black

**SIZES** M=7-12, 13, 14, 15 W=7-12, 13, 14

**ITEM** MEM0080



WOMEN'S

### Cora Loafer

**COLOR** Taupe/Nubuck

**SIZES** M: 6-10, 11, 12 W: 6-10, 11

**ITEM** HPW0030 **Hush Puppies**

NEW



WOMEN'S

### Ku'una

**COLOR** Golden Sand

**SIZES** M 5-11 (Whole Sizes Only)

**ITEM** ONW0120

**Olukai**

NEW



## SANDALHOTICS®

Sandal + Custom Orthotic

UNISEX

### Roanoke

**COLOR** Brown

**SIZES** 5-13 (Whole Sizes Only)

**ITEM** ROA0010

Roanoke



UNISEX

### Roanoke

**COLOR** Black

**SIZES** 5-13 (Whole Sizes Only)

**ITEM** ROA0020

Roanoke



WOMEN'S

### Enid

**COLOR** Vintage Slate

**SIZES** M= 5-11 (Whole Sizes Only)

**ITEM** NAW0220

NAOT



MEN'S

### Arthur

**COLOR** Crazy Horse Leather/ Hash Suede

**SIZES** M= 7-13 (Whole Sizes Only)

**ITEM** NAM0040

NAOT



WOMEN'S

### Wave

**COLOR** Black/Gray

**SIZES** B = 5-11 (Whole Sizes Only)

**ITEM** CAW0010

caos



MEN'S

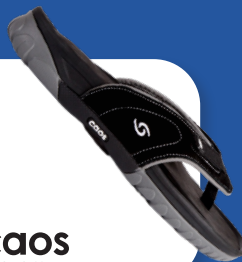
### Riptide

**COLOR** Black/Gray

**SIZES** D = 8-15 (Whole Sizes Only)

**ITEM** CAM0010

caos



See our full collection of shoes at [FootLevelers.com](http://FootLevelers.com)



# Custom Orthotic Flip-Flops

The first of their kind, our custom orthotic flip-flops are designed to offer the casual footwear the world has long needed.

Ordinary flip-flops can do a tremendous amount of damage to the feet and the body. Even on vacation, improper support can amplify back and joint pain.

## BEST SELLERS

WOMEN'S

### Seabreeze®

**COLOR** Shell

**SIZES** B= 5-11 (Whole Sizes Only)

**ITEM** CSW0010



WOMEN'S

### Bling™

**COLOR** Black

**SIZES** B= 5-11 (Whole Sizes Only)

**ITEM** CSW0030



WOMEN'S

### Fiji™

**COLOR** Black Pearl

**SIZES** B = 5-11 (Whole Sizes Only)

**ITEM** CSW0050



WATER  
PROOF

MEN'S

### Maui™

**COLOR** Black Pearl

**SIZES** D = 7-14 (Whole Sizes Only)

**ITEM** CSM0060



WATER  
PROOF

WOMEN'S

### Fiji™

**COLOR** Black Chevron

**SIZES** B = 5-11 (Whole Sizes Only)

**ITEM** CSW0060



WATER  
PROOF

WOMEN'S

### Shimmer

**COLOR** White/Silver

**SIZES** B = 5-11 (Whole Sizes Only)

**ITEM** CSW0250



WATER  
PROOF

Also in White | CSW0260

NEW

WOMEN'S

### Catamaran®

**COLOR** Mahogany

**SIZES** B = 5-11 (Whole Sizes Only)

**ITEM** CSW0190



MEN'S

### Catamaran®

**COLOR** Mahogany

**SIZES** D = 7-14 (Whole Sizes Only)

**ITEM** CSM0020



WOMEN'S

### Midnight Breeze®

**COLOR** Black

**SIZES** B = 5-11 (Whole Sizes Only)

**ITEM** CSW0020



WOMEN'S

### Vegas™

**COLOR** Black

**SIZES** B = 5-11 (Whole Sizes Only)

**ITEM** CSW0160



## Waterproof Flip-Flops

**COLOR** Various  
LIMITED SUPPLY



# Different shoes need different orthotics



## Why you need more than one pair:

### Problem

With EVERY step, your feet can cause problems throughout your body: knee pain, hip pain, low back pain, and even neck pain

### Solution

Orthotics in EVERY pair of shoes help relieve pain and discomfort

# Treat LOW BACK **PAIN** at its Source



When the feet are imbalanced,  
pain often presents in the back.

**34.5%**

proven reduction of  
LBP with Foot Levelers  
custom orthotics\*

Restore balance and support  
at the body's foundation - the feet.

\*Cambron, JA, Dexheimer JM, Duarte M, Freels S, Shoe Orthotics for the Treatment of Chronic Low Back Pain: A Randomized Controlled Trial, ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION (2017), doi: 10.1016/j.apmr.2017.03.028.

# 5 REASONS

## TO GET A PAIR OF CUSTOM ORTHOTICS

1

### Easy, proven conservative care.

Foot Levelers orthotics are proven to reduce Low Back Pain by 34.5%. Low back pain is the #1 cause for missed work, and is a leading cause of the current opioid crisis.

2

### Create a Symmetrical Foundation

Symmetrical Foundation. Problems in the feet can cause problems throughout the rest of the body.

3

### Dynamic Function

Your balance, and the way you walk are improved by wearing Foot Levelers orthotics.

4

### Improved Performance

Studies show Foot Levelers orthotics help increase drive distance on the golf course and reduce pain in those who stand all day.

5

### Heel Strike Shock Reduction

Innovative materials absorb shock, which helps reduce pain and discomfort caused by heel strike while walking.

